DRINKS

Coffees

Cafe Latte	**5.6**
Flat White	**5.6**
Cappucino	**5.6**
Chai Latte	**5.7**
Matcha Latte	**6.0**
Dirty Chai	**5.8**
Long Black	**5.3**
Espresso	**4.5**
Double Espresso	**5.0**
Piccolo	**5.0**
Macchiato Short	**4.9**
Macchiato Long	**5.5**
Hot Mocha	**5.8**
Vienna	**6.3**
Hot Chocolate	**5.6**
Turmeric Latte	**6.1**
Affogato	**6.1**
Extra Shot	**0.6**
Decaf	**0.0**
Mug	**0.6**
Soy / Almond / Lactose Free / Coconut / Oat Milk	**0.8**
Flavour Shot Vanilla, Caramel and Hazelnut	**0.8**

Loose Leaf Tea

Inc. milk or honey English breakfast, Earl grey, Green, Peppermint, Chamomile, Lemongrass & Ginger	**5.3**
Milk Infused Chai Tea	**5.5**

Iced Drinks & Spiders

Iced Chocolate, Iced Coffee, Iced Mocha, Iced Strawberry	**8.5**
Lime Spider, Strawberry Spider, Ginger Beer Spider, Coke Spider	**7.9**
Iced Latte, Iced based Mocha, Iced Chai Latte, Iced Dirty Chai	**Reg 6.5** **Lrg 6.8**
Iced Matcha	**Reg 7.6** **Lrg 7.9**
Iced Long Black	**Reg 5.9** **Lrg 6.2**

Milkshakes

Vanilla, Chocolate, Caramel, Coffee, Strawberry, Banana, Lime, Blue Heaven	**8.5**
Extra Malt	**1.0**
Extra Ice Cream	**1.5**

Smoothies

Acai Smoothie Original **11.9**
Acai berri, banana, guarana, apple juice

Banana Bender **11.9**
Banana, vanilla extract, yogurt, honey

Wild Berry Boost **11.9**
Raspberry, strawberry, blueberry, blackberry, banana, vanilla yogurt

Mango Madness **11.9**
Queeensland KP mango, banana, vanilla yogurt

Add Protein Powder **3.0**

Freshly Squeezed Juices

(Upgrade to Large, add $2.00)

Morning Start **10.9**
Green apple, carrot, lemon, ginger

Energy Lift **10.9**
Beetroot, green apple, carrot, celery, ginger

Summer Time **10.9**
Watermelon, green apple, mint

The Refresher **10.9**
Pineapple, coconut water, lime, mint

Lean & Green **10.9**
Green apple, cucumber, celery, lemon

MYO **10.9**
Make your own fresh juice using the following:

Green apple, watermelon, orange, lemon, lime, pineapple, beetroot, celery, cucumber, carrot, ginger, mint, baby spinach

UPSIZE +2

Cold Drinks

Coke, Coke No Sugar, Sprite, bottle of water	**4.7**
Ginger beer, Lemon Lime Bitters, Sparkling mineral water	**5.9**
Kid's Popper Drink	**4.5**

FRESH FOOD NOT FAST FOOD

LOCATION
Shop 31, The Pines Shopping Centre
Cnr Guineas Creek Rd & K.P
McGrath Dr Elanora Qld 4221

EMAIL
orders@theshelfdelicafe.com.au

PHONE
0447 COFFEE (263333)

www.theshelfdelicafe.com.au

Surcharge notice

15% Surcharge on Public Holidays

THE SHELF DELI CAFE

TAKE HOME PACKS AND CATERING

We can happily offer you a range of catering solutions for your next birthday, event or get together. Ranging from sandwiches to cakes, to sweets, to salads, savouries and platters, ask a staff member for your options. All food items are available as takeaway.

CUSTOMER FEEDBACK

Here at The Shelf, our endeavour is to provide you with an enjoyable, satisfying and relaxed experience. If your experience has fallen short of this, whether from the food, coffee or service, we encourage you to approach us in store and let us know or leave a phone message on **0447 263 333** after 6pm. We always strive to improve and want you to be happy. **Thank you.**

THE SHELF DELI CAFE

MORNING MENU

Not all meals available after 11am

Toasted White, Turkish or Sourdough Toast (V) (GF) **8.9**
2 slices served with butter/Nuttelex & your choice of jam, marmalade, honey or Vegemite

Raisin Toast (1 or 2) **4.0/7.0**

Cinnamon Toast (2) **7.9**

Fresh Croissant **8.9**
With butter, fresh cream, jam or marmalade

Ham & Cheese Toasted Croissant **10.9**

Bacon & Egg Toasted Sandwich **14.9**
on Turkish toast with BBQ sauce

Eggs Bene & Bacon Toasted Sandwich **14.9**
On Turkish toast with 2 soft cooked eggs, bacon, Spanish onion, baby spinach & Hollandaise sauce

Big Brekky Wrap **17.9**
Toasted tortilla with bacon, 3x eggs, 2x hash brown, cheese, baby spinach & Hollandaise sauce

Italian Avocado & Tomato (V) (VG) **15.9**
Sliced fresh tomato & avocado with Italian balsamic dressing on Turkish toast

Loaded Smashed Avo (V) **17.9**
With Greek feta on Turkish toast, served with chilli flakes, leafy greens & lemon

Eggs on Toast (V) **14.9**
2 eggs any style, served with Turkish toast

Lite Start **17.9**
1 egg any style, 1 rasher of bacon with Italian style grilled tomato on Turkish toast

Bacon & Eggs **16.9**
2 eggs any style, 2 rasher of bacon served on Turkish toast

Mediterranean Eggs (V) **18.9**
3 eggs scrambled, mixed with fresh Baby spinach & Greek feta served on Turkish toast

Berry Delicious Pancakes (V) **19.9**
2 pancakes served with fresh berries, berry coulis, banana, cream, ice cream & maple syrup

The Shelf Savoury Mince **23.9**
Homemade savoury mince with 2 poached eggs, dukkah & Turkish toast

Eggs Benedict
2 poached eggs on Turkish toast, fresh baby spinach, Spanish onion & Hollandaise sauce
- with fresh avocado & garlic mushrooms (V) **22.9**
- with sliced ham or bacon **24.9**
- with smoked salmon **26.9**

The Shelf Big Brekky **27.9**
2 Eggs on Turkish toast, bacon, avocado, grilled tomato, baby spinach, garlic mushrooms, baked beans & hash brown

Extras ***Only ordered in addition to a meal**
Smoked Salmon, Bacon (2), Garlic Mushrooms **5.5**
Grilled tomato, 1 Egg, Sliced Avocado **4.5**

LUNCH MENU

TASTY TOASTIES

Classic Ham, Cheese & Tomato **10**
Toasted sandwich on white toast

Classic Chicken, Cheese, Avocado & Mayo **13**
Toasted sandwich on white toast

Classic Chicken, Cheese, Asparagus **13**
Toasted sandwich on white toast

GOURMET TOASTED SANDWICHES & BURGERS

Turkey Gobbler **15**
Sliced turkey breast, Camembert cheese, baby spinach, cranberry sauce with mayonnaise on Turkish toast

Chicken & Basil Pesto **15**
Shredded chicken, basil pesto, semi-sundried tomatoes, baby spinach, Tasty cheese with mayonnaise on Turkish toast

Mediterranean (V) **15**
Roasted peppers & pumpkin, marinated egg plant, semi-sundried tomatoes, baby spinach, feta with basil pesto on Turkish toast

BLT **15**
Bacon, lettuce, tomato with garlic aioli on Turkish toast. **Add Avocado 1.50**

Chicken Schnitzel Burger **16**
Chicken schnitzel, cos lettuce, spanish onion, tasty cheese, garlic aioli with mayonnaise on Turkish toast

Lean Beef Burger **16**
Lean beef patty, cos lettuce, tomato, cheese, BBQ sauce, garlic aioli with caramelised onions on Turkish toast

Veggie Delight Burger (V) (VG) **16**
Chickpea & lentil patty, cos lettuce, tomato, caramelised onions with tomato relish on Turkish toast

CABINET SPECIALS

Please check our display cabinet for homemade curries, quiches, filos & other savoury items.

(V) **Vegetarian** (GF) **Gluten Free** (VG) **Vegan**

PLEASE ORDER & PAY AT COUNTER

GOURMET OPEN GRILL

Ham, Cheese with Fresh Pineapple on Turkish Toast **15**

Bacon, Banana & Cheese on Turkish Toast **15**

Basil Pesto, Shredded Chicken, Avocado & Cheese on Turkish Toast **15**

Beer Battered Chips **12**
Served with a choice of tomato relish, BBQ sauce or garlic aioli

Soup of the Day **14.9**
Homemade Soup of the Day served with Turkish toast & butter

Spaghetti Bolognese & Parmesan **14.9**
Homemade spaghetti bolognese with parmesan cheese

Vegan Delight Plate (V) (VG) **19.9**
Lentil & chickpea veggie patty with hummus served with your choice of gourmet salad

Mixed Gourmet Salad Bowl (V) (VG) (GF) **Sml 16.9 Lrg 18.9**
Choose a combination of salad from our gourmet range located in our display cabinet; Satay Raw Veg/ Curried Rice/ Coleslaw/ Basil Pesto Pasta/ or Garden Salad

Beef Lasagne & Garden Salad **23.9**
Homemade beef lasagne & garden salad with Balsamic dressing

Lean Beef Burger & Beer Battered Chips **23.9**
Lean beef patty, Cos lettuce, tomato, cheese, BBQ sauce, garlic aioli with caramelised onions on Turkish toast

Veggie Delight Burger & Beer Battered Chips **23.9**
Chickpea & Lentil Patty, cos lettuce, tomato, caramelised onions with tomato relish on Turkish toast

Gourmet Pie, Chips & Salad **27.9**
Choose from either Angus beef or creamy chicken, mushroom & leek pie with your choice of 3 gourmet salads

DAILY SPECIALS

Cake & Coffee **from 14.9**
Selected cake and a small coffee or tea

DESSERT

Please see our display cabinets for a variety of homemade cake, cheesecakes, sweet pies, slices, scones, muffins, brownies & raw desserts.